

BILL OF RIGHTS FOR CHILDREN OF DIVORCE

The right not to be placed in the position of a message carrier.

The right not to be asked to be the family spy.

The right to remain connected to both parents' families.

The right not to be interrogated after a visit with the other parent.

The right to express or not to express his or her own feelings.

The right to a stable, safe environment.

The right to remain a child and not a parental confidant.

The right to be loved unconditionally.

The right to be treated as important human beings, with unique feelings, ideas and desires, and not as a source of argument between parents.

The right to express love and affection for each parent without having to stifle that love because of fear of disapproval by the other parent.

The right to continuing care and guidance from both parents.

The right to honest answers to questions about the changing family relationships.

The right to know and appreciate what is good in each parent without one parent degrading the other.

The right to have both parents not undermine the other parent's time with the children by suggesting tempting alternatives or by threatening to withhold parental contact as a punishment for the children's wrong doing.

The right to experience regular and consistent contact with both parents and to be protected from disputes or disagreements.

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Note: These Bill of Rights assume both parents are healthy and safe. If your situation is unsafe in any way, please consider sharing with your leader. Your safety is our primary concern.